

YOUR M&S

— Size Chart —

A Guide To Measuring Your Shoe Size

After printing this page, place it flat on the floor in front of a wall with the toes pointing outwards. Then stand on the paper with your heel against the wall. Measure wearing the socks/tights you're likely to wear with the shoes you're looking to buy (thicker socks for boots, no socks for sandals). Repeat for both feet – the correct measurement is the longest one. As a general rule, for the perfect fit, you should have about 10-13mm of space between the end of your longest toe and the end of the shoes.

